

St. Anthony High School Athlete of the Week September 2010



Athlete of the Week

Allie Picard is in her 3rd year on the CC team and is the Co-captain of this year's team. In the team's first three meets of the season, Allie has been the teams #1 runner – helping the St. Anthony girls team to their first ever team victory at the Fridley Peach Run 2 weeks ago. To follow the Peach Run performance, Allie had a P.R. (personal record) time by over 10 seconds at the St. Olaf High School Showcase against some of the best competition in the state. Allie's leadership and hard work at practice have been very influential to both the boys and girls team so far this season. Allie is hoping the success continues as she and the rest of the CC varsity teams head to the Roy Griak Invite at the U. of Minnesota this Saturday.